Mac Outlook Express Setup Guide

This setup guide will help you set up your North Rock Communications Internet Connection. Complete, in order, the steps on the following pages. Should you require more help feel free to contact us.

Step 1 – Configure Outlook Express for your E-mail Account		
Double click the icon labeled "Outlook Express".	Outlook Express 4.0	
Click the button marked " Preferences " at the right of your window.	Preferences Open preferences	
Select "E-mail" under the "Accounts" heading on the left window.	 ✓ Accounts ✓ E-mail ✓ News ✓ Directory Services ✓ Outlook Express 	

	Mail Accounte:
You will need to enter your:	E-mail account 🔹 New Account Default: E-mail account
Full name:	Account Information
E-mail address:	Full name: John Doe
SMTP Server:	E-mail address: jdoe@fkbnet.bm
Account ID:	Sending Meil
POP Server:	SMTP server: mail.fkbnet.bm
Password	Receiving Mail
Ensure you substitute John	Account ID: jdoe@fkbnet.bm
Doe's information for yours as stated on your information	POP Server: mail.fkbnet.bm
sign-up sheet.	Save password:
Click " OK ".	Account name: E-mail account

Step 2 – Check your E-mail	
Click "Send & Receive" at the top right of the "Outlook Express" window.	Send & Receive Preferences

If you have any mail waiting for you it will be shown in your In-Box.